

ETHNOBOTANICAL NOTES ON SOME IMPORTANT PLANTS OF POONCH DISTRICT, JAMMU AND KASHMIR

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Abstract: The present survey was conducted in District Poonch of Jammu and Kashmir State (Northwest Himalaya) with a view to consider only those plants which are easily available to the local populace for their day to day needs as most of the population in far flung areas is economically weak. The survey includes 28 plant species, of these, 11 are trees and have maximum pressure, as these yield fuel wood, wood for construction purposes, fodder, agricultural implements and edible fruits which are basic requirements of every household in rural areas.

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