

SOME IMPORTANT LESSER KNOWN ETHNOMEDICINAL PLANTS IN KEDAR VALLEY OF WESTERN HIMALAYA DISTRICT RUDRAPRAYAG (UTTARAKHAND)

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Abstract: Unique assemblage of flora and fauna in Himalayan region make it one of the most biodiversity hotspot on the Indian subcontinent. This area is a storehouse of numerous medicinal plants. Garhwal Himalayan region is a rich source of medicinal plants, some of which have been explored and some are still underutilized. The present study concern with exploration of some important lesser known plants which have been traditionally used by indigenous people in Kedar valley, but they have until recently been neglected by research institutions, policy planners and food and medicine processing industries. The study deals with the some important lesser known ethnomedicinal plants used in traditional healthcare in Kedar valley of western Himalaya district Rudraprayag (Uttarakhand).

Key words: Kedar valley of Western Himalaya, Ethnomedicine, Traditional healthcare, indigenous plants, lesser known.

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