## EMPOWERMENT OF RURAL WOMEN THROUGH NATIONAL RURAL LIVELIHOOD MISSION IN REWA BLOCK OF REWA DISTRICT (M.P.)

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**Abstract:** Rural women empowerment is a multi-dimensional process, which enables rural women or group of women to realize their full identity and power in all spheres of life. The present study was carried out in Rewa district M.P. National Rural Livelihood Mission project has been running in the district since 2015 for improving the livelihood of rural women beneficiaries and their empowerment. The study was planned to assess the empowerment of the women among beneficiaries of NRLM. It was found that the aspect social empowerment (1.40) had highest mean empowerment score followed by psychological empowerment (1.19), economic empowerment (1.12), cultural empowerment (1.08). Mean empowerment score was lowest in case of political empowerment (0.64). The study also revealed that the characteristics namely, education, size of family, annual income, longevity of SHG's, cosmopoliteness, source of information, mass media participation, training participation, risk orientation, economic motivation, decision making and achievement motivation had significant relationship with empowerment at 5% level of significance of their empowerment of the rural women beneficiaries of NRI M

Keywords: Empowerment, Livelihood, Rural women, Rewa block

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