

## PROBIOTICS: RECENT ADVANCES AND FUTURE PROSPECTS

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**Abstract:** Probiotics are the microorganism which imparts beneficial effect in the human body. The consumption of Probiotic in the form of powder, capsule and drinks restore the beneficial microflora in gut and in turn help the human being by enhancing immune system. The present review focusing on the role of Probiotics for its possible role in controlling and treating diseases such as urinary tract infection, diarrheal disease caused by bacteria, oral infection i.e. gingivitis, oral cavity and cancer. This review also focuses on regulation, side effect, safety and future prospects of Probiotics.

**Keyword:** Probiotics, UTI, Oral hygiene, Diarrhea

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